



# Structural Integration Certification

## What is it?

KMI (Kinesis Myofascial Integration) is a premier training in Structural Integration. KMI (a dynamic structural therapy evolved from the work of Dr Ida Rolf) is built around Thomas Myers' Anatomy Trains® Myofascial Meridians, a revolutionary map for understanding whole-body posture and movement patterning. KMI brings clarity, depth, and gentle effectiveness to create lasting structural change.



Learn to unravel complex patterns of injury and misuse as you facilitate the progressive balance, length, and grace. Learn a wide vocabulary of touch and movement facilitation to create a maximum of empowerment with a minimum of discomfort. Learn the art and the science and the craft. KMI offers a powerful learning environment.

KMI's open-inquiry learning environment values related approaches such as cranial, visceral, yoga, and core training, and whatever other background each student brings to the table. KMI gives you the finest Fascial Anatomy palpatory skill in the business, and a coherent BodyReading™ method, coupled with clear and adaptable strategies for each session.

Become a powerful force for change - train in KMI!

## Tuition

\$500 deposit required to enroll.

Commit to all three parts in Seattle/Vancouver and pay \$9,500. Submit your application by November 30, 2010 to receive this \$1,000 discount.

Part I - \$1,800 US or \$2,000 CAD + VAT  
 Part II - \$3,500 US  
 Part III - \$5,200 US  
 Total: \$10,500 USD (after November 30)

## Lodging/Travel

Contact Connie Carlson at 206 518-1623 or [KMISeattle@msn.com](mailto:KMISeattle@msn.com) for help with commuting, lodging or questions about Seattle and Vancouver

## Part I – Structural Vision (75 hours)

- A coherent philosophy of manual therapy
- BodyReading vocabulary and practice
- Fascial planes and Anatomy Trains
- Embryology and evolution of tissues, shape, and movement
- The physiology of emotional release
- Integrative techniques for the spine and neck

Part I is open, depending on space availability, to all qualified therapists who want deep background in the context for contemporary manual and movement modalities.

## Part II – Structural Strategies (150 hours)

- Designed to move - detailed 3-D anatomy
- Extensive bodyreading practice
- Tissue and movement assessment
- Fascial and Myofascial technique immersion
- Supervised instruction in a KMI 3-session series
- "Work smarter, not harder" - body use

Experienced manual therapists only are invited to continue through Parts II and III. Visit: <http://www.anatomytrains.com/kmi/experience>.

## Part III – Structural Integration (275 hours)

- Supervised instruction in the 12-session KMI series
- Full spectrum clinical application
- Starting and building a practice

## Course and Registration Details

Part I (8 days)	Seattle, WA	Vancouver, BC
Days off:	Jan. 25- Feb. 3, 2011 Jan. 29-30	Feb. 22- Mar. 3, 2011 Feb. 26-27
Part II (16 days)	Seattle, WA	
Days off:	Apr. 5-14; May 10-19, 2011 Apr. 9-10; May 14-15	
Part III (30 days)	Seattle, WA	
Days off:	Sept. 19-30; Oct. 24-Nov.4; Dec. 5-16, 2011 Sept. 25-26; Oct. 29-30; Dec. 9-10, 2011	

## Venue

Northcut Landing  
 5001 25th Avenue NE  
 Seattle, WA 98105

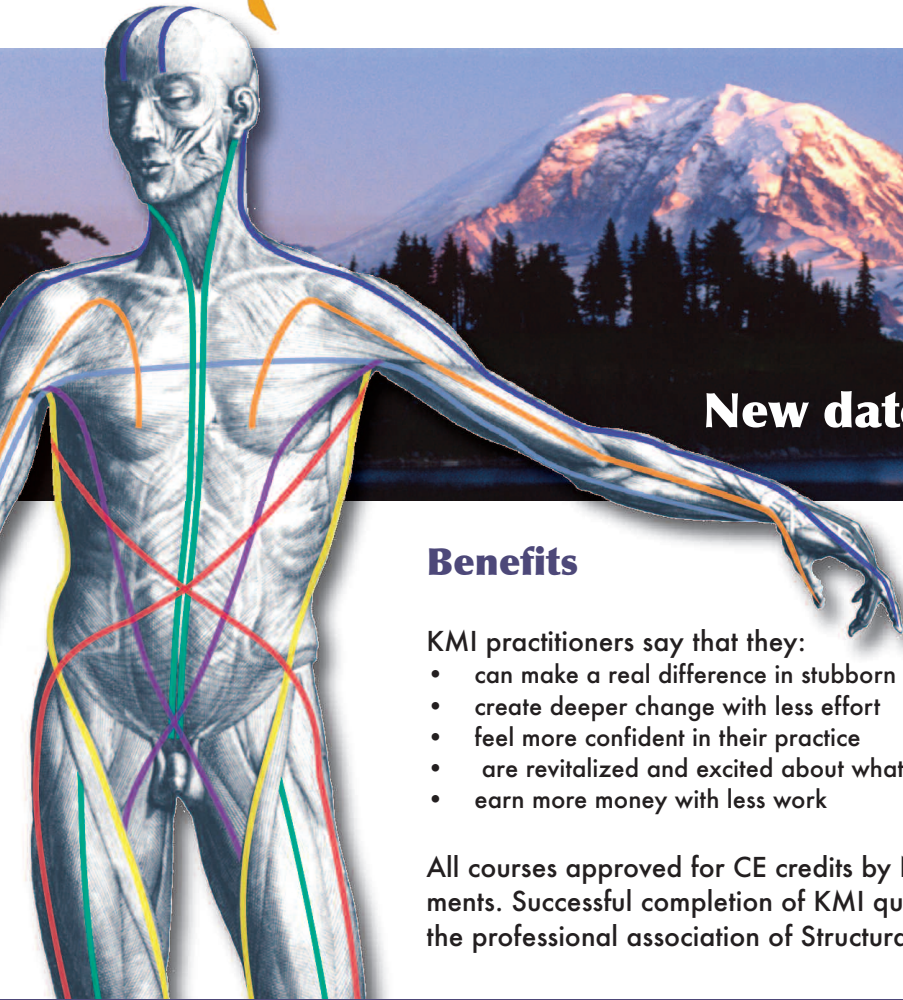
For full program details and registration information, visit  
[www.AnatomyTrains.com/kmi](http://www.AnatomyTrains.com/kmi)  
 888 546-3747 • [workshops@AnatomyTrains.com](mailto:workshops@AnatomyTrains.com)

Kinesis, Inc. • 318 Clarks Cove Road • Walpole, ME 04573



**KMI**  
Kinesis Myofascial Integration

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**New dates! Seattle/Vancouver 2011**

## Benefits

KMI practitioners say that they:

- can make a real difference in stubborn chronic problems
- create deeper change with less effort
- feel more confident in their practice
- are revitalized and excited about what they can do with their hands
- earn more money with less work

All courses approved for CE credits by NCBTMB, including ethics requirements. Successful completion of KMI qualifies you for membership in IASI, the professional association of Structural Integration ([www.theIASI.org](http://www.theIASI.org)).



[www.AnatomyTrains.com](http://www.AnatomyTrains.com)

888 546-3747

## About the Faculty

**Lauren Christman**, licensed since 1994, combines KMI structural integration, craniosacral therapy and visceral manipulation for adults and children. Lauren teaches Anatomy Trains and KMI locally and abroad. Lauren was Dean of Students and core faculty member at the Brian Utting School of Massage. With extensive experience teaching entry-level and advanced techniques, Lauren brings a balance of precision, curiosity and humor to the classroom.



**Larry Phipps** has a degree in Educational Psychology, and has practiced as a massage therapist since 1974. Larry was certified by



the Guild for Structural Integration in 1990, and completed Advanced Training in 1994. Larry has been teaching KMI since 2002 and is certified to teach the KMI 12-series.

**Mark Finch** (Guest Faculty) has been a body worker since 1996, training in Therapeutic Massage, Neuromuscular Therapy, Structural Integration (KMI) and Visceral Manipulation. Mark maintains a busy practice in Vancouver B.C. focused on Structural Integration and divides his time between his practice and teaching The Anatomy Trains and other short courses in North America, and Australia. Mark's interest is in structural change and integrating functional movement.



**Thomas Myers**, (Guest Faculty) studied directly with Drs. Ida Rolf, Moshe Feldenkrais, and Buckminster Fuller, and has practiced integrative bodywork for over 30 years in a variety of clinical and cultural settings. He incorporates many movement and manual disciplines into his practice and teaching. Tom is the author of the best-selling *Anatomy Trains* (Elsevier 2001, 2009), as well as numerous articles and video programs on fascial technique and dissection. He currently directs Kinesis, which offers professional and CE training worldwide. Tom lives with his wife, Quan, on the coast of Maine, and retains a strong interest in peri-natal issues, sailing, and music.



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